

# COUPONING FOR A CAUSE

Saturday, August 7, 2010 10:00am to 3:00pm

Eastern Shore Centre

Come and join EasternShoreMom.com & friends at the fountains for couponing, fellowship, & snap a special savings envelope for donating! Be sure to bring the kids, Kangaroos will be adding a special touch, weather permitting.

## **Throwing Back the Catch Donation Drive-**

Your donations will be delivered directly to St. Mary's Home in Mobile. St Mary's Home, a faith based residential treatment facility, provides services for abused, abandoned and neglected children throughout the south Alabama area. To learn more visit: [www.stmaryshomemobile.org](http://www.stmaryshomemobile.org)

Items needed by St. Mary's Home—We narrowed it down to items you should be able use a coupon for or find at season clearance sales.

- ◆ Personal Hygiene Items
- ◆ School Supplies
- ◆ Flashlights
- ◆ Batteries
- ◆ Adult Size Flip Flops
- ◆ Beach Towels
- ◆ Sunscreen Lotion SPF 30
- ◆ Bathing Suits
- ◆ Office Supplies
- ◆ Paper Products
- ◆ Outdoor Games
- ◆ Backpacks
- ◆ Box Fans
- ◆ Bug Spray

## **How to STRETCH Your Back to School Dollar! (11:30am-Noon)**

The fall tends to stretch your budget dollars to their limit! If you have a child in school you know special financial demands to get the school year start off right. Just as the school supplies are cleared off the shelves in the retail stores the holiday items are put on display to add additional stress to your budget! Eastern Shore Mom will give you on where to find coupons, how utilize the internet to get the best prices on everything from groceries and to your favorite brand of shoes and how to take advantage of store markdown days! You don't have to be a mom/parent to take this course.....there will be something for everyone.

## **Envelope of Savings.....just for sharing!**

Any family who brings a bag full of items will receive a special ENVELOPE of Savings! This envelope will have special coupons from area business as a thank you for your sharing. (One envelope per family---while supplies last).

